Wisconsin Express is a one week cultural immersion experience designed to give health professions students an opportunity to study firsthand the diverse local and regional healthcare innovations and challenges in Wisconsin communities. Multidisciplinary groups of 6-18 students explore the region’s cultural diversity and healthcare, developing strategies for intercultural and interprofessional effectiveness in healthcare practice. Throughout the week, participants have opportunities to reflect on and evaluate their experiences. Sessions are offered during Winter Break (1 site), Spring Break (1 site), and Summer (12 sites, the third week in May).

**Winter Break 2016 site: “Women’s Health in Wisconsin”**
Participants will focus on understanding women’s health through different perspectives, with an emphasis on health equity issues. This site incorporates didactic and experiential learning experiences, providing students with the chance to meet and learn from experts in academia, community service agencies, and healthcare professionals committed to addressing women’s health. Students will take an in-depth look at issues by visiting organizations that offer services to women and families. Additionally, students will be challenged to understand how local issues transcend to global health problems and what measures could be taken to reduce them.

**Special notes for Winter Break program:**
- Participant fee is $200.
- This site is a commuter site. Housing is not provided.
- Daily activities begin/end in Madison. Transportation to program destinations is provided; participants travel together in a van, including a day trip to Beloit.
- Field experience credit is available for Global Health certificate program students attending UW-Madison.
- Participants must be Wisconsin residents or attending college in Wisconsin.

**Throughout this course, participants will:**
- Learn about specific health issues facing women, both locally and globally, as well as the root causes.
- Understand how social inequalities limit access to health care.
- Recognize the impact that health care workers and organizations have in reducing health disparities.
- Have an improved ability to communicate with academic, community, healthcare, and public health professionals about programs and services addressing women’s health issues in the region.
- Discover opportunities and careers available to address women’s health issues.

**CONTACT:** “Women’s Health in Wisconsin” local site coordinator
**Courtney Saxler, MPH | 608-265-6323 | csaxler@wisc.edu**
Wisconsin AHEC (Area Health Education Center); 4218d HSLC; 750 Highland Ave, Madison, WI 53705

The winter break program application deadline is **Monday, October 12, 2015 at 8 a.m.**
**APPLY ONLINE:** http://www.ahec.wisc.edu/wisconsin-express